September 2026

Mon	Tue	Wed	Thu	Fri
31 *No Class*	*1* *No Class*	*2* *No Class*	*3* *No Class*	*4* *No Class*
7 Global	**8** Lower Extremities	*9* *No Class*	**10** Upper Extremities	**11** Pelvis
14 Lumbar	**15** Thoracic	*16* *No Class*	**17** Cervical	**18** Abdomen
21 Ribcage	**22** Proprioception	*23* *No Class*	**24** ELDOA	**25** Restorative
28 *No Class*	*29* *No Class*	*30* *No Class*	*1* *No Class*	*2* *No Class*

October 2026

Mon	Tue	Wed	Thu	Fri
5 Global	**6** Lower Extremities	*7* *No Class*	**8** Upper Extremities	**9** Pelvis
12 Lumbar	**13** Thoracic	*14* *No Class*	**15** Cervical	**16** Abdomen
19 Ribcage	**20** Proprioception	*21* *No Class*	**22** ELDOA	**23** Restorative
26 *No Class*	*27* *No Class*	*28* *No Class*	*29* *No Class*	*30* *No Class*

November 2026

Mon	Tue	Wed	Thu	Fri
2 Global	**3** Lower Extremities	***4*** *No Class*	**5** Upper Extremities	**6** Pelvis
9 Lumbar	**10** Thoracic	***11*** *No Class*	**12** Cervical	**13** Abdomen
16 Ribcage	**17** Proprioception	***18*** *No Class*	**19** ELDOA	**20** Restorative
23 *No Class*	***24*** *No Class*	***25*** *No Class*	***26*** *No Class*	***27*** *No Class*
30 Global	**1** Lower Extremities	***2*** *No Class*	**3** Upper Extremities	**4** Pelvis

December 2026

Mon	Tue	Wed	Thu	Fri
7 Lumbar	**8** Thoracic	***9*** *No Class*	**10** Cervical	**11** Abdomen
14 Ribcage	**15** Proprioception	***16*** *No Class*	**17** ELDOA	**18** Restorative
21 *No Class*	***22*** *No Class*	***23*** *No Class*	***24*** *No Class*	***25*** *No Class*
28 Global	**29** Lower Extremities	***30*** *No Class*	**31** Upper Extremities	**1** Pelvis